

Shore Walk – 11 August 2010 – Roa Island

All other conditions permitting, there is going to be a very low tide on this evening, which may reveal creatures not normally visible at the water's edge. This could be quite an interesting area to explore at Roa, because it is often ignored by divers as they are either getting into or out of the water here, and due to underlying geography of the site the underwater visibility is usually very poor.

Our plan is to get down to the shore and follow the tide out, recording what we find. As the tide turns we will work our way up the shore, possibly (depending on numbers) taking several routes. There are some interesting pools under the lifeboat station, and several biotopes on the shore to explore around and to the west of the jetty. Generally we want to leave creatures in situ, or at least return them unharmed to where we find them.

Times:

Low Tide is at 7:40pm

Sunset is @ 8:50pm

Car parking at Roa Island is limited. For lift-sharing meet at the lay-by outside the Hideaway Coffee House Limited about half of a mile EAST of M6 junction 36 on the A65 to Kirkby Lonsdale, between 5:30 and 6:00pm.

Please either check the web site www.lancshiremcs.org.uk or phone a contact if the weather forecast is exceptionally poor, before setting off.



Bring –

As a minimum:

- A pair of shoes / wellies / sandals that you don't mind getting wet and / or muddy. There are some muddy areas on parts of this shore that can be quite deep.
- Waterproofs (it's August, it may rain!).

Optional:

- A change of clothes and a towel.
- If you bring a camera, we would recommend that it is in a waterproof housing.
- Something waterproof to keep car keys / mobile phones etc dry.
- Transparent container(s) for viewing critters.
- Magnifying glass.
- Net.
- Notepad & pencil (or diver's slate)
- Scale / ruler

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